

Pomelo Treat Stomach Ulcers

Written by VietFruit.Vn

Grapefruit ([Fresh honey pomelo in VietFruit](#)) treat stomach ulcers



Also effective is the fruit dish is enjoyed, pomelo is also used in traditional medicine to cure many diseases utility.

Leaf fresh grapefruit: antiseptic effect, grapefruit essential

oil from leaves cure colds, fever, cough, headache, stuffy nose, runny nose, no sweat. Use 50g grapefruit leaves, bamboo leaves, leaves home needs, each 20g lemon grass leaves. For all types of leaves in the pot to boil carefully for patients inhalation. The frail patients, the fever, excessive sweating should not be rushed.

Dried grapefruit peel: cure dyspepsia, abdominal distention full, warm ach discomfort, abdominal pain, or wind, cough: use pomelo peel 12g, 12 gdried tangerine peel so fragrant, 3 slices of fresh ginger. Pour 300ml water into the still excellent with the 100 ml, divided into two times, drink in a day.

Fresh Grapefruit: laxative food, fresh grapefruit citrus juice beverage and treatment of vitamin C.



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Fresh grapefruit seeds: can treat stomach ulcers, the duodenum. Use 100g fresh grapefruit seeds to the crust into a cup pour 200ml boiling water, tightly covered, incubated for 2-3 hours, it will be a special match in the cup of tapioca as the grapefruit seed release. Drain off water, remove seeds 2 hours after meals. Take a daily times. Making and drinking constantly to always see the pain out loud.

Reference <http://www.ltaExpress.com.vn>

Doctor Theu Nguyen Thi

All the best,

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